

THE NATIONAL CONFERENCE

CHEER - DANCE - STUNT

NASHVILLE, TENNESSEE | JULY 9-11, 2026

THURSDAY, JULY 09

Kelvin Lam

CHEER MOXIE

Sling Shot Progression (Four Sessions)

▶ All Star Cheer ▶ Collegiate Cheer ▶ STUNT

Cheryl Paquette

USASF

All Star Judging: The Event Experience (Session 1: Theory, Session 2: Application)

▶ All Star Dance ▶ Scholastic Dance ▶ Studio Dance

Kaitlyn Lyday

USA CHEER

Improving Flexibility

▶ All Star Cheer ▶ Collegiate Cheer ▶ STUNT
▶ All Star Dance ▶ Scholastic Dance ▶ High School Cheer

Scott Bouchard

USASF

Understanding Deductions

▶ All Star Cheer

Chris Hendon

STARS VIPERS SCHERTZ

The P's: Proper Preparation Prevents Poor Performance

▶ All Star Cheer ▶ Collegiate Cheer ▶ STUNT
▶ All Star Dance ▶ Scholastic Dance ▶ High School Cheer

Tyler Phillips

USASF

Adopting Worlds Scoring in Season

▶ All Star Cheer

Michelle Allison

THE DANCE WORLDS JAZZ

Uncovering Staging Dilemmas

▶ All Star Dance ▶ Scholastic Dance ▶ Studio Dance

Erin Alvarado

TEXAS TECH POM COACH

Amy HaneyDIRECTOR OF
SCHOLASTIC STUNT

How to Start a High School / Club STUNT Program

▶ STUNT

Tony Nash

US NATIONAL TEAM DIRECTOR

Beginning Basket Technique

▶ All Star Cheer ▶ STUNT ▶ Collegiate Cheer
▶ High School Cheer

Kaityn Lyday

USA CHEER

Dance Judge & Choreography Panel

Hitting Captions: Building Stronger Routines

▶ All Star Dance ▶ Scholastic Dance ▶ Studio Dance

Belinda Harvey

IMPACT CHEERLEADING

THRIVE: Training Habits That Retain, Inspire, Value and Elevate

▶ All Star Cheer ▶ Collegiate Cheer ▶ STUNT
▶ All Star Dance ▶ Scholastic Dance ▶ High School Cheer

Veronica Burton

CRIMSON HEAT ALL STARS

THE NATIONAL CONFERENCE

CHEER - DANCE - STUNT

NASHVILLE, TENNESSEE | JULY 9-11, 2026

THURSDAY, JULY 09

Scott Bouchard
USASF

Understanding the Cheer Rules Glossary
▶ All Star Cheer

Kelly Helton
CHEER EXTREME RALEIGH

Building a Positive Program Culture: Leadership, Accountability, and Coaching with Purpose
▶ All Star Cheer ▶ Studio Dance ▶ STUNT
▶ All Star Dance ▶ Scholastic Cheer and Dance

Kaitlyn Lyday
USA CHEER

Training Skills for College PS/PT Routines (1-3)
▶ STUNT

Jessica Wolverton
OKLAHOMA BAPTIST UNIVERSITY

Amy Haney
DIRECTOR OF SCHOLASTIC STUNT

Game Day Ops, Fan Engagement and Hosting a Tournament
▶ STUNT

Kate Townsend
USA CHEER STUNT

Changes for the 2026-2027 Season
▶ STUNT

April Jensen
USASF

College Prep - On and Off the Marley
▶ All Star Dance ▶ Scholastic Dance ▶ Studio Dance

Amy Haney
DIRECTOR OF SCHOLASTIC STUNT

Shayna Danielsen
DIRECTOR OF CLUB STUNT

Stats and Rankings for Clb, High School and College STUNT
▶ STUNT

Kristin Fasbender
NCAA DIRECTOR OF CHAMPIONSHIPS & ALLIANCE

NCAA
▶ High School Cheer ▶ Collegiate Cheer ▶ STUNT

Dr. Maria Wisman
FOUNDER OF THE CHEER DOCTOR

Injury Prevention in Cheerleaders
▶ All Star Cheer ▶ Collegiate Cheer ▶ High School Cheer

USA Cheer Staff

College Cheer and STUNT Recruiting Combine
▶ Collegiate Cheer ▶ STUNT ▶ High School Cheer

John Knowles
JOHN KNOWLES CHEER CHOREOGRAPHY & CONSULTING

Social Media / Choreographer
▶ All Star Cheer ▶ All Star Dance ▶ Studio Dance
▶ High School Cheer ▶ Scholastic Dance ▶ Collegiate Cheer

Sarah Miller Bate
USASF

USASF Dance Legality Official Training
▶ All Star Dance

Jim Lord
USA CHEER

USA Cheer Safety & Risk Management Course
▶ High School Cheer ▶ Collegiate Cheer ▶ STUNT



THE NATIONAL CONFERENCE

CHEER - DANCE - STUNT

NASHVILLE, TENNESSEE | JULY 9-11, 2026

FRIDAY, JUNE 10

Natasha Leas

DANCE MANIA IOWA

Leadership in the Studio: Getting dancers to Step Up

- ▶ All Star Dance
- ▶ Scholastic Dance
- ▶ Studio Dance

Sarah Miller Bate

USASF

Dance Assembly

- ▶ All Star Dance

Adam Bradley

LEAD 'EM UP

Key Note - Unleashing the Secret to a Thriving Culture

- ▶ All Star Cheer
- ▶ Collegiate Cheer
- ▶ STUNT
- ▶ All Star Dance
- ▶ Scholastic Dance
- ▶ High School Cheer

Erin Alvarado

TEXAS TECH POM COACH

From Team Building to Team Performance

- ▶ All Star Dance
- ▶ Scholastic Dance
- ▶ Studio Dance

Kelvin Lam

CHEER MOXIE

Slingshot Full-Up Adaptation

- ▶ All Star Cheer
- ▶ Collegiate Cheer
- ▶ STUNT

Cory Rickett

FAB CHEER

Get Twisted: The Mechanics Behind Fulls and Doubles

- ▶ All Star Cheer
- ▶ Collegiate Cheer
- ▶ High School Cheer

Adam Bradley

LEAD 'EM UP

Moving from a Coach-Led Program to a Player-Led Program

- ▶ All Star Cheer
- ▶ Collegiate Cheer
- ▶ STUNT
- ▶ All Star Dance
- ▶ Scholastic Dance
- ▶ High School Cheer

Brienne

Thompson-Fields

TOP GUN UK

Transition from an Athlete to a Coach

- ▶ All Star Cheer

Charlie Bedford

ANGELS DANCE ACADEMY

Keep it Simple, Keep it Authentic: Building Beginning Hip Hop Dancers

- ▶ All Star Dance
- ▶ Scholastic Dance
- ▶ Studio Dance

Kelvin Lam

CHEER MOXIE

Quick Toss Progression

- ▶ All Star Cheer
- ▶ Collegiate Cheer
- ▶ STUNT

Kinshasa Garrett

USASF

Culture by Design: DEIS Toolkit for Club Leadership

- ▶ All Star Cheer
- ▶ Collegiate Cheer
- ▶ STUNT

Members of USASF

DEIS Committee

- ▶ All Star Dance
- ▶ Scholastic Dance

- ▶ High School Cheer

Melissa Bull

RAVENWOOD HIGH SCHOOL

Elite High School Stunt Technique

- ▶ All Star Cheer
- ▶ High School Cheer

THE NATIONAL CONFERENCE

CHEER - DANCE - STUNT

NASHVILLE, TENNESSEE | JULY 9-11, 2026

FRIDAY, JUNE 10

Dana Fielding
USASF

Cheer Legality / Rules Certification

- ▶ All Star Cheer
- ▶ Collegiate Cheer
- ▶ STUNT

Cory Rickett
FAB CHEER

Flip the Script: Creating Strong Tucks and Layouts

- ▶ All Star Cheer
- ▶ Collegiate Cheer
- ▶ High School Cheer

Adam Bradley
LEAD 'EM UP

Learning the Art of Getting Your Athletes Dialed-In and Ready to Perform

- ▶ All Star Cheer
- ▶ All Star Dance
- ▶ Collegiate Cheer
- ▶ Scholastic Dance
- ▶ STUNT
- ▶ High School Cheer

Chad Wright
CA BRANDS
(Cheer Athletics / Dance Athletics / STUNT Athletics)

Developing Leaders Inside the All Star Cheer and Dance Industry

- ▶ All Star Cheer
- ▶ All Star Dance
- ▶ Collegiate Cheer
- ▶ Scholastic Dance
- ▶ STUNT
- ▶ High School Cheer

Michelle Allison
THE DANCE WORLDS JAZZ

Train Smart, Perform Strong

Erin Alvarado
TEXAS TECH POM COACH

- ▶ All Star Dance
- ▶ Scholastic Dance

Kelly Helton
CHEER EXTREME ALLSTARS

From Practice to Performance: Creating Consistency in Full Outs

- ▶ All Star Cheer
- ▶ Collegiate Cheer
- ▶ High School Cheer

Brienne Thompson-Fields
TOP GUN UK

Flyer Flexibility and Conditioning

- ▶ All Star Cheer
- ▶ Scholastic Dance
- ▶ All Star Dance

Marti Love
PCA

Supporting Positive Athlete Behavior Through Responsive Coaching

- ▶ All Star Cheer
- ▶ All Star Cheer

USASF Staff

Growing your All Star Dance Program

- ▶ All Star Cheer
- ▶ All Star & Studio Dance
- ▶ Collegiate Cheer
- ▶ Scholastic Dance
- ▶ STUNT
- ▶ High School Cheer

Adam Bradley
LEAD 'EM UP

How to Inject Enthusiasm in All That Your Athletes Do

- ▶ All Star Cheer
- ▶ All Star & Studio Dance
- ▶ Collegiate Cheer
- ▶ Scholastic Dance
- ▶ STUNT
- ▶ High School Cheer

Brienne Thompson-Fields
TOP GUN UK

L1 Building skills Class

- ▶ All Star Cheer
- ▶ Collegiate Cheer
- ▶ STUNT

THE NATIONAL CONFERENCE

CHEER - DANCE - STUNT

NASHVILLE, TENNESSEE | JULY 9-11, 2026

FRIDAY, JUNE 10

Amy Haney

DIRECTOR OF SCHOLASTIC STUNT

Shayna Danielsen

DIRECTOR OF CLUB STUNT

Jessica Wolverton

OKLAHOMA BAPTIST UNIVERSITY

Reba McLennan

GEORGE FOX UNIVERSITY

STUNT - Game Strategizing

▶ All Star Cheer

▶ Collegiate Cheer

▶ STUNT

Kaitlyn Lyday

USA CHEER

STUNT - Training Skills for ALL College Routines

▶ All Star & Collegiate Cheer

▶ All Star & Studio Dance

▶ STUNT

USA Cheer Staff

STUNT Round Table Discussions by Divisions/Conf

▶ All Star Cheer

▶ Collegiate Cheer

▶ STUNT

Kaitlyn Lyday

USA CHEER

Melissa Bull

RAVENWOOD HIGH SCHOOL

Utilizing Technology in STUNT and Cheer

▶ All Star & Collegiate Cheer

▶ All Star & Studio Dance

▶ STUNT

Shayna Danielsen

DIRECTOR OF CLUB STUNT

Preparing for Club STUNT Season

▶ All Star Cheer

▶ Collegiate Cheer

▶ STUNT

Kristine Paulson

USA CHEER

Preparing High School Athletes for Recruitment

▶ All Star Cheer

▶ Collegiate Cheer

▶ STUNT

▶ High School Cheer

▶ All Star & Studio Dance

Jim Lord

USA CHEER

One Month to Better Jumps

▶ All Star & Collegiate Cheer

▶ All Star & Studio Dance

▶ STUNT

Kaitlyn Lyday

USA CHEER

Improving Flexibility

▶ All Star & Collegiate Cheer

▶ All Star & Studio Dance

▶ STUNT

Tony Nash

US NATIONAL TEAM DIRECTOR

College Cheer - Building a Winning Culture

▶ All Star Cheer

▶ Collegiate Cheer

▶ STUNT

Tony Nash

US NATIONAL TEAM DIRECTOR

College Baskets and All Girl Technique

▶ All Star Cheer

▶ Collegiate Cheer

▶ STUNT

Kaitlyn Lyday

USA CHEER



THE NATIONAL CONFERENCE

CHEER - DANCE - STUNT

NASHVILLE, TENNESSEE | JULY 9-11, 2026

FRIDAY, JUNE 10

John Knowles

JOHN KNOWLES
CHOREOGRAPHY AND
CONSULTING

Creative Cheer Choreography

▶ All Star Cheer ▶ Collegiate Cheer ▶ STUNT

Cory Rickett

FAB CHEER

Built FABulous: The Foundations that Make or Break Every Tumbler

▶ All Star Cheer ▶ Collegiate Cheer ▶ High School Cheer

Tony Nash

US NATIONAL TEAM DIRECTOR

College Pyramid Techniques

▶ All Star Cheer ▶ Collegiate Cheer ▶ STUNT

Kaitlyn Lyday

USA CHEER

John Knowles

JOHN KNOWLES
CHOREOGRAPHY AND
CONSULTING

Cheer Choreography and Social Media

▶ All Star Cheer ▶ Collegiate Cheer ▶ STUNT

Dr. Maria Wisman

FOUNDER OF THE CHEER
DOCTOR

Turn your cheerleaders into explosive, powerful athletes!

▶ All Star Cheer ▶ Collegiate Cheer ▶ STUNT

Adam Bradley

LEAD 'EM UP

Help! My athletes don't talk! From Silent to Strong: Creating a Culture of Communication and Athlete Leadership "Why won't my athletes talk?"

▶ All Star Cheer ▶ Collegiate Cheer ▶ STUNT
▶ All Star & Studio Dance ▶ Scholastic Dance ▶ High School Cheer

Kate Townsend

STUNT OPERATIONS DIRECTOR

STUNT - Scoring

▶ All Star Cheer ▶ Collegiate Cheer ▶ STUNT



THE NATIONAL CONFERENCE

CHEER - DANCE - STUNT

NASHVILLE, TENNESSEE | JULY 9-11, 2026

SATURDAY, JUNE 11

Adam Bradley

LEAD 'EM UP

Leading the Hard-to-Lead: Turning Challenging Athletes into Culture-Changers

- ▶ All Star Cheer
- ▶ All Star Dance
- ▶ Collegiate Cheer
- ▶ Scholastic Dance
- ▶ STUNT
- ▶ High School Cheer

Michelle Allison

JAZZ PANEL DIRECTOR
THE DANCE WORLDS

Putting the FUN back in FUNdamentals

- ▶ All Star Dance
- ▶ Scholastic Dance
- ▶ Studio Dance

Chad Wright

CA BRANDS
(Cheer Athletics / Dance Athletics / STUNT Athletics)

Developing Leaders Inside the All Star Cheer and Dance Industry

- ▶ All Star Cheer
- ▶ All Star Dance
- ▶ Collegiate Cheer
- ▶ Scholastic Dance
- ▶ STUNT
- ▶ High School Cheer

Brienne

Thompson-Fields
TOP GUN UK

Skills Consistency

- ▶ All Star Cheer

Kelly Helton

CHEER EXTREME RALEIGH

Developing the Complete Flyer: Technique, Confidence, and Accountability

- ▶ All Star Cheer
- ▶ Collegiate Cheer
- ▶ High School Cheer

Kinshasa Garrett

USASF

Heather Toper

USASF

Andrea Oney

USASF

Young Coach, Big Shoes

- ▶ All Star Cheer
- ▶ All Star Dance
- ▶ STUNT

Bre Acosta

ENVISION DANCE/BRE
CHOREOGRAPHY

Beyond the Marley- Live Podcast

- ▶ All Star Cheer
- ▶ All Star Dance
- ▶ Studio Dance

Natasha Leas

DANCE MANIA IOWA

Katie Lamb

PRODIGY ALLSTARS

Julie Petersen

FURY ATHLETICS

Your Inner Compass: A Values-Driven Approach to Program Leadership

- ▶ All Star Cheer
- ▶ All Star Dance
- ▶ Collegiate Cheer
- ▶ Scholastic Dance
- ▶ STUNT
- ▶ High School Cheer

Cory Rickett

FAB CHEER

Hands Down: Mastering the BHS & FHS From the Ground Up

- ▶ All Star Cheer
- ▶ Collegiate Cheer
- ▶ STUNT

Adam Bradley

LEAD 'EM UP

Improving Your Skill as a Developer of Talent

- ▶ All Star Cheer
- ▶ All Star Dance
- ▶ Studio Dance
- ▶ Collegiate Cheer
- ▶ Scholastic Dance
- ▶ STUNT
- ▶ High School Cheer

THE NATIONAL CONFERENCE

CHEER - DANCE - STUNT

NASHVILLE, TENNESSEE | JULY 9-11, 2026

SATURDAY, JUNE 11

Brienne Thompson-Fields

TOP GUN UK

Building Stronger Athletes through Skills Training
▶All Star Cheer

Heather Toper

USASF

Where is the line: Tough Coaching Versus Emotional Abuse

Dan Campbell

USASF

▶All Star Cheer ▶Collegiate Cheer ▶STUNT
▶All Star Dance ▶Scholastic Dance ▶High School Cheer

Charlie Bedford

ANGELS DANCE ACADEMY

Painting the Perfect Routine

▶All Star Dance ▶Scholastic Dance ▶Studio Dance

Joseph McGibboney

DELTA FORCE ATHLETICS

Coaching Gen Alpha: Building Focus, Buy-In & Connection

Natasha Leas

DANCE MANIA IOWA

▶All Star Cheer ▶Collegiate Cheer ▶STUNT
▶All Star Dance ▶Scholastic Dance ▶High School Cheer

John Moore

EMPIRE ATHLETICS

Entry to Excellence: Leveraging The Novice Tier Effectively

▶All Star Cheer

Melissa Kidd

DANCE TECHNICIAN

Training Beyond Technique: Building Durable, Resilient Dancers

▶All Star Dance ▶Scholastic Dance ▶Studio Dance

Mallory Ortiz

STEP 1 ALLSTARS

From Tiny to Timeless: Retaining Athletes at Every Stage

▶All Star Cheer ▶Collegiate Cheer ▶STUNT
▶All Star Dance ▶Scholastic Dance ▶High School Cheer

Kinshasa Garrett

USASF

Raising the Standard: Emotional Intelligence, Age-Appropriate Coaching & Performance Design

▶All Star Cheer ▶Collegiate Cheer ▶STUNT
▶All Star Dance ▶Scholastic Dance ▶High School Cheer

Meredith Walker

USASF

Heather Toper

USASF

Calling all Club Owners: (Owners Only)

Andi Oney

USASF

▶All Star Cheer ▶Collegiate Cheer ▶STUNT
▶All Star Dance ▶Scholastic Dance ▶High School Cheer

Dan Campbell

USASF

THE NATIONAL CONFERENCE

CHEER - DANCE - STUNT

NASHVILLE, TENNESSEE | JULY 9-11, 2026

SATURDAY, JUNE 11

USASF Staff

USASF Membership - Age Grid

- ▶ All Star Cheer
- ▶ All Star Dance

Amy Haney

DIRECTOR OF SCHOLASTIC STUNT

Reba McLennan

GEORGE FOX UNIVERSITY

Structuring Your Overall STUNT Season (all divisions)

- ▶ All Star Cheer
- ▶ STUNT

Nichole Schumann

EAST BAY CLUB STUNT / CLAYTON VALLEY CHARTER HIGH SCHOOL

Jessica Wolverton

OKLAHOMA BAPTIST UNIVERSITY

STUNT - Maximizing Every Point: Mastering the Jumps & Tumbling Quarter

Kate Townsend

USA CHEER STUNT

- ▶ All Star Cheer
- ▶ STUNT

Kaitlyn Lyday

USA CHEER

STUNT - Training Skills for ALL the College Routines

- ▶ All Star Cheer
- ▶ Collegiate Cheer
- ▶ STUNT

Kate Townsend

USA CHEER STUNT

STUNT Summary of Changes for the 2026/27 Season

- ▶ All Star Cheer
- ▶ STUNT

John Knowles

JOHN KNOWLES CHEER CHOREOGRAPHY AND CONSULTING

Cheer Choreography and Social Media Strategy

- ▶ All Star Cheer
- ▶ Collegiate Cheer
- ▶ High School Cheer

Tony Nash

USA CHEER

Intermediate Stunt Technique

Melissa Bull

RAVENWOOD HIGH SCHOOL

- ▶ All Star Cheer
- ▶ STUNT
- ▶ High School Cheer

Kate Townsend

USA CHEER STUNT

Navigating through the STUNT Rule Book - College, HS & Club

- ▶ All Star Cheer
- ▶ Collegiate Cheer
- ▶ STUNT
- ▶ High School Cheer

Tony Nash

USA CHEER

Elite Stunt Technique

Melissa Bull

RAVENWOOD HIGH SCHOOL

- ▶ All Star Cheer
- ▶ STUNT
- ▶ High School Cheer

Tony Nash

USA CHEER

High School All Girl Pyramid Techniques

Melissa Bull

RAVENWOOD HIGH SCHOOL

- ▶ All Star Cheer
- ▶ STUNT
- ▶ High School Cheer

THE NATIONAL CONFERENCE

CHEER - DANCE - STUNT

NASHVILLE, TENNESSEE | JULY 9-11, 2026

SATURDAY, JUNE 11

Cory Rickett

FAB CHEER

Broken Tumbling Skill? You Ask. We Fix!

▶ All Star Cheer ▶ Collegiate Cheer ▶ STUNT

Kelly Helton

CHEER EXTREME ALLSTARS

Small Team, Big Impact: Coaching, Accountability, and Routine Clean-Up Strategies

▶ All Star Cheer ▶ Collegiate Cheer ▶ STUNT

Cory Rickett

FAB CHEER

Built to Hit: Creating Strong Level 5 Stunters

▶ All Star Cheer ▶ Collegiate Cheer ▶ STUNT

Cory Rickett

FAB CHEER

Level 6 Unlocked: Skills, Drills & How to Coach It

▶ All Star Cheer ▶ Collegiate Cheer ▶ STUNT

Robin Galik

USASF

The Member Experience Lab: Let's build a better season together.

▶ All Star Dance ▶ Collegiate Cheer ▶ STUNT

Robin Coe

DOUBLE GOOD VIRTUAL FUNDRAISING, CHOICE EVENTS

The Importance of Relationships and Networking to Build a Successful Business

▶ All Star Cheer ▶ All Star Dance

Kate Townsend

USA CHEER STUNT

STUNT - Modifying Routines

▶ All Star Cheer ▶ STUNT

John Knowles

JOHN KNOWLES CHEER CHOREOGRAPHY AND CONSULTING

Cheer Choreography and Social Media Strategy

▶ All Star Cheer ▶ Collegiate Cheer ▶ High School Cheer

USA Cheer Staff

Round Tables & Panels

▶ All Star Cheer ▶ STUNT