

SCORING SYSTEM

DANCEABILITIES – COMMENT EXAMPLES



ROUTINE COMPOSITION / CHOREOGRAPHY:

- Creative use of the stage and adding clear pathways during transitions enhanced the overall flow of the routine.
- Creating clear pathways during transitions could enhance your routine composition score.
- Many patterns, unique dancing through your transitions and visuals used throughout the routine really added to the overall appreciation of the routine.
- Great job incorporating group work, levels that created visual pictures throughout routine – or –, incorporating group work, level changes that showcase visuals can enhance your routine.
- Interesting variations to your movements really made them stand out.

TRANSITIONS & FORMATIONS:

- Exceptional spacing and transitional movement throughout routine – or – Work to make spacing and transitions clearer throughout the routine.
- Effective integration of transitions within existing choreography enhanced your score.
- Athletes displayed a high knowledge of their formations and transitions throughout, without any assistance.
- Amazing use of the stage and displaying a variety of formations.
- Great utilization of all athletes throughout the routine and purposeful placement of those athletes to highlight their abilities.
- Continue to train athletes on memorizing their spots in formations and travel in transitions.

TECHNIQUE / SKILLS:

- Control of movement showcased your balance and posture, keep building on that strength.
- Great attention to detail in footwork, precision is impressive.
- Great attempt at proper body placement during preparation, execution and completion of skill (use any or all of the variation).
- Continue to train on proper body placement, encouraging more variety of movement/skills.
- Great, good or need to continue to work on synchronization of movement/skills.
- Your commitment to improving technique is evident in your performance today – it is clear you have been putting in the work.

MOVEMENT QUALITY:

- To possibly enhance your score, consider decreasing repetitive movement during choreography – missed opportunity to add additional visuals, level, etc.
- Great use of levels and changes in formations to highlight all the performing athletes.
- Work on a consistent approach to your motions to aid in the overall synchronization of the sequence.
- Love how you took simple moves and made it dynamic.
- The routine was so in sync, everyone moved as one.
- It is evident you used musicality to let it guide your movement – or –, to enhance your score, create a stronger connection to the music and movement.
- ____ section was really strong, continue to increase control and confidence throughout routine.

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PERFORMANCE IMPRESSION:

- Strong incorporation of all dancers throughout the performance
- Athletes displayed confidence by making eye contact while looking out at the audience, smiling, which left a lasting impression
- The energy level from beginning to end was high and it was clear that the athletes were having fun!
- Great memorization of skills and placement throughout the routine.
- Excellent display of independent knowledge of routine throughout without constant reminders from coaches.
- Continue to work on memorization, so the athletes are not constantly looking at the coaches in front of the floor.
- Love how you took simple moves and made them so dynamic
- Encourage dancers to project to the audience without looking at the coaches OR dancers looking at coaches takes away from their overall confidence
- Facial expression and joy projected to the audience told a story and team connected with the audience
- Assure that choreography suits family viewing and highlights the abilities and strengths within the genre
- So much potential, continue to encourage the dancers to develop more skills



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DANCEABILITIES



A DanceABILITIES routine should consist of technique and movement from the chosen genre. It should contain important characteristics such as visual effects and purposeful movement while projecting energetic expression. Keep in mind, some athletes on a team may not be able to achieve perfect execution of skills because of their differing abilities. Focus on the attempt of skills versus technique. Technique will only be as good as their ability allows.

ROUTINE COMPOSITION / CHOREOGRAPHY (1.0 - 25.0)

Variety • Innovative / Original • Pace/Flow • Visual Effects

The following will be considered:

- How well the movement compliments the routine through musicality, variety of skills and use of the stage/dance space.
- Innovative use of skills that display visual effects and seamless patterns.
- Incorporation of varied pace appropriate for skill level of team.

Judges will not penalize a team for lack of technique/skills but will give credit to teams with innovative skill sets and skills that fit the overall capabilities of the team as a whole

TRANSITIONS & FORMATIONS (1.0 - 20.0)

Use of Floor • Spacing Awareness • Original • Seamless Patterns • Difficulty

The following will be considered:

- A variety of original movements without buddies leading or coaxing the athletes across the floor.
- Incorporating a variety of formations, utilizing concepts beyond straight lines and triangles, with seamless patterns and a natural flow. Keep in mind, there may be a few athletes who do not move or simply take a few steps forward, backward, side-to-side or crouch down, turn in a circle, and stand back up. In these cases credit and comment on spacing in formations.
- Dancers' ability to demonstrate correct spacing during transitions and within formations.
- Difficulty of formations and transitions based on the ability of the dancers.
- Utilization of the majority of the team's moving athletes throughout the formations.

Judges will not penalize buddies or assistants pushing wheelchairs or assisting sight-impaired athletes to their spots.

TECHNIQUE / SKILLS (1.0 - 15.0)

Variety / Use of Skills • Attempt of Correct Body Movement According to Genre • Timing / Synchronization

The following will be considered:

- A varied use of skills within the genre that highlights the ability of the majority of the team while still utilizing creative spotlight opportunities.
- Attempt at correct body movement according to the genre.
- Attending to the correct entrance, execution, and exit of skills while maintaining synchronization.
- Uniformity of individual styles and pathways of movement.

Judges will not penalize a dancer's physical limitations.

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DANCEABILITIES



MOVEMENT QUALITY (1.0 – 15.0)

Quality of movement for the selected style • Synchronization • Placement / Location (Sharp, Graceful, Groove)

The following will be considered:

- Understanding correct posture, alignment, and extension as well as precision and energy throughout the performance.
- Movement in terms of intensity, musicality, which aligns with rhythms, tempo, and mood of music, as well as strength and velocity.
- Variety of movement to complement different sections of music.
- Execution of movement that demonstrates the chosen genre.

Judges will not penalize a dancer's physical limitations

PERFORMANCE IMPRESSION (1.0 – 25.0)

Energy / Pace • Projection of Enjoyment • Use of Music • Appropriateness

The following will be considered:

- Dancer stamina throughout routine.
- Maintaining energy that matches pace of musicality of the routine.
- Demonstration of emotion appropriate to the genre and an outward projection to the audience.
- Authentic engagement with each other and the audience.
- Projection of confidence in knowledge of the choreography.
- Music that resonates with the dancers to enhance performance and demonstrates appropriateness throughout routine.

LEGALITY OFFICIAL NOTES:

- DanceABILITIES rules can be found here: www.usasf.net/rules (page 10-11).
- If an **Assistant** helps with a lift by aiding in lifting it back up, stabilizing it, preventing a fall, or assisting the top person in staying upright, a **1.0** legality penalty will be given for each occurrence.

NOTE: If the Assistant is helping due to a fall or near fall, they may assist the athlete in getting down safely without any deductions.

