USASF Worlds Divisions 2027

USASF Divisions are for U.S.-based teams only.

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DIVISION/CATEGORY	BIRTH YEAR	GENDER	TOTAL MEMBERS
Senior Small Hip Hop (SSHH)	6/1/2007-2014	Female Only	4-14
Senior Large Hip Hop (SLHH)	6/1/2007-2014	Female Only	15+
Senior Small Coed Hip Hop (SSCHH)	6/1/2007-2014	Female/Male	4-14
Senior Large Coed Hip Hop (SLCHH)	6/1/2007-2014	Female/Male	15+
Senior Small Jazz (SSJ)	6/1/2007-2014	Female/Male	4-14
Senior Large Jazz (SLJ)	6/1/2007-2014	Female/Male	15+
Senior Small Pom (SSP)	6/1/2007-2014	Female/Male	4-14
Senior Large Pom (SLP)	6/1/2007-2014	Female/Male	15+
Senior Small Contemporary/Lyrical (SSCL)	6/1/2007-2014	Female/Male	5-22
Senior Large Contemporary/Lyrical (SLCL)	6/1/2007-2014	Female/Male	15+
Senior Kick (SK)	6/1/2007-2014	Female/Male	4+
EA DanceABILITIES (DA)	2021 & Before	Female/Male	No min/max

Adult athletes are required to have current background checks with no-alert determinations and abuse prevention education. Adult athletes are those who are 18 years and older **before** June 1, 2026.

USASF Category Descriptions

Hip Hop: A Hip Hop routine can incorporate any street style movement that has evolved from the hip hop culture. Emphasis is placed on the execution of authentic style(s), originality, control, musicality, intricacy, uniformity and may incorporate purposeful elements and skills.

Jazz: A Jazz routine can encompass any range of jazz movement including traditional jazz, commercial jazz, musical theater, jazz funk or stylized, hard-hitting jazz. Movement is crisp and/or aggressive in approach and can include moments of softness while complementing musicality. Emphasis is placed on style, body alignment, extension, control, uniformity, technical elements and communication.

Pom: A Pom routine contains important characteristics such as strong pom quality of movement (clean, precise, sharp motions), synchronization, visual effects and may incorporate purposeful pom elements (i.e. pom passes, jump sequences, leaps|turns, kick lines, etc). Poms should be used throughout the routine. Inadequate use of poms may also affect the panel judges' overall impression and/or score of the routine.

Contemporary/Lyrical: A Contemporary/Lyrical routine uses organic, expressive, pedestrian and/or traditional modern and/or ballet vocabulary as it complements the lyric, mood and/or rhythmic value of the music. Emphasis is placed on control, expressive movement, dynamics, alignment, use of breath, uniformity, communication and may incorporate purposeful elements and skills.

Kick: A kick routine emphasizes control, height uniformity, extension, alignment, upper body and lower body placement, proper preparation and hook up/arm connection, timing and creativity of a variety of kick series and patterns. A kick is defined as one foot remaining on the floor while the other foot lifts with force. Kicks should be performed throughout the routine while maintaining stamina.